

**DATE SHEET FOR  
PGDNYS – ONE YEAR COURSE  
SESSION MARCH-2026**

Sr.No	Day & Date	Subject	Max Marks
1.	07/03/2026 Saturday	Human Anatomy	100
2.	11/03/2026 Wednesday	Human Physiology	100
3.	13/03/2026 Friday	Naturopathy (Advanced)	100
4.	16/03/2026 Monday	Naturopathy Treatment for Disorder & Food Preparation	100
5.	18/03/2026 Wednesday	Mudras, Pranayama, Yogic Principles	100
6.	20/03/2026 Friday	Practical, Internal Assessment, Viva- voice	200

**Timing: - 11:00 A.M To 2:00 P.M**

**Controller of Exam**  
Niter New Delhi  
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